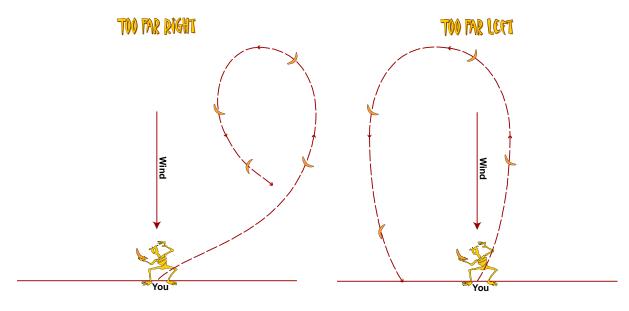
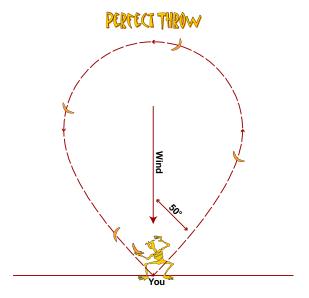
How To Throw A Boomerang

So here it is — Basic Throwing 101.

- 1. First of all, make certain that you are throwing in an open field with no people out in the possible path of the boomerang (when you are a beginner, the safest place for someone to stand is right next to you). Also, make sure that it is not a very windy/gusty day: excess wind makes throwing difficult.
- 2. Next, are you throwing the correct-handed boomerang a rightie or a leftie. All the following steps are for right-handed boomerangs. For a left-handed thrower, simply turn in the exact opposite directions.
- 3. Then, determine which direction the wind is blowing.
- 4. Face the wind and turn roughly 50° to your right. This is the *sweet spot* for your throw.
- 5. Holding either arm of the boomerang, make sure the flat side is against your palm. If one arm of the boomerang is longer than another, hold the long arm for more spin.
- 6. Find a target about 5° above the horizon.
- 7. Hold the boomerang so it is slightly angled away from your head about 15-20°.
- 8. Now throw it hard at your target with an over-the-shoulder throw, like you are cracking a whip.
- 9. Things you may have to adjust for the "perfect" throw are the angle of your throw, how far up or down your target area is, and how far you've turned from the wind (too far left or right of the *sweet spot*. To help with finding the perfect direction from the wind, see the following diagrams:





10. Finally, when it's time to catch your boomerang, make sure you use the "sandwich" method: catching the boomerang between your flat hands as if you are clapping. If you try to just grab it out of the air, you will probably wind up getting the backs of your fingers smacked!